

# **Dynamite Cheer**

Courthouse Gymnastics  
698 Liberty Road  
Flowood, MS 39232  
601.932.6680

# **Parent Handbook**

## Code of Conduct: *The 3 A's*

**A**ttitude: We expect each cheerleader to treat coaches, and other team members with a positive and respectful attitude. If we have any signs of disrespect or misconduct we will handle it in the following way:

- 1<sup>st</sup> – warning
- 2<sup>nd</sup> - Sit out/run
- 3<sup>rd</sup> - Conference with parent
- 4<sup>th</sup> - removed from team

**A**ttendance: Attendance for any competitive sport is important, and especially cheerleading. Every person is needed for every practice! Unlike other sports, we have no subs! If a squad member is missing from practice, that means formations get thrown off, stunt groups can't stunt, pyramids can't be practiced, etc.

1. Arrive at practice on time (see practice schedules for each squad)
2. Absences are inevitable, so the following guidelines will apply:
  - a. Any cheerleader participating in a school team or event will have a designated number of excused absences as compromised between the parent and coach.
  - b. If a child is sick or has a family emergency, the PARENT is responsible for letting the coach know *before* practice begins. Parents need to email or call the coach.
  - c. Unexcused absences are those that are 1. not school related 2. not sickness or emergency related 3. are not preapproved between the parent and coach. The following applies to unexcused absences:
    - 1<sup>st</sup> - warning
    - 2<sup>nd</sup> - contact parent
    - 3<sup>rd</sup> - probation
    - 4<sup>th</sup> - sit out of next competition
    - 5<sup>th</sup> - removal from squad

**A**pppearance: We will maintain a modest and uniform appearance when representing Dynamite Cheer.

1. *Workout attire*- t-shirt, cheer shorts (bloomers under shorts for flyers), sports bra, cheer shoes, hair pulled up or out of face, no jewelry, nails cut
2. *Competition uniform*- Dynamite uniform, bloomers, uniform hair accessories, modest make-up (to be determined for each squad)

## **Purpose Statement**

And so, dear brothers and sisters, I plead with you to give your bodies to God because of all He has done for you. Let them be a living and holy sacrifice – the kind He will find acceptable. This is truly the way to worship Him. Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12: 1-2

## **The Dynamite DIFFERENCE**

We the staff of Courthouse Gymnastics and Dynamite Cheer are dedicated to providing a positive atmosphere and energy as well as a competitive arena for your child to grow in a spectacular sport. We will govern ourselves by the principles, which are taught in God's word and used for teaching in a kind but firm manner of coaching.

Dynamite Parent Expectations...

“If a house is divided against itself, that house cannot stand.” Mark 3:25

The success of Dynamite is directly tied to the unity of the Dynamite family. We **MUST** maintain a positive attitude in the gym, at home, and in the community. A positive attitude and outlook is contagious, as well as a negative one. Please join us in providing a positive growing experience for your daughter.

Below is a list of things that will help you to stay informed and involved:

1. Check and respond to e-mails for information and updates
2. Attend all parent meetings
3. Volunteer!
4. Maintain a positive attitude with your child and especially with other parents (no “bleacher talk”)!
5. Bring concerns to the proper person

6. Financial: (see breakdown)
  - a. Pay monthly dues by the 1<sup>st</sup> of each mo.
  - b. Pay competition, uniform, camp, etc... fees by the designated time

### **Hierarchy of the Gym:**

**Owners** - Fico Gonzalez, Mario Gonzalez, Kevin White

**Cheer Director/Head Coach** - Brian Grossman

**Coaches** - Holly Evans, Emily Gekides

### **Conflict Resolution**

1. Eliminate all gossip about the issue.
2. Approach the coaching staff in a respectful manner.
3. Coaches and Parents resolve the issue.

We want to be able to assist and help you in every way, and we will do our best to be respectful and courteous to you and we ask that you engage us in the same courtesy. Once we have received your email, we will email you back or call you as soon as possible to resolve whatever is going on. We want to be able to assist you in any and every way. We thank everyone for understanding and complying with how concerns are resolved.

### **Parent Volunteers**

1. Team Mom (Parent Ambassador) – Each team will have a team mom. This parent will be considered the parent communicator when needed. Changes will be made and there will be times when there is a need for us to communicate with everyone via text message, email, or by phone. This parent will help in establishing a phone tree to help that communication stay open. This person will help in communicating during events and competitions as well.
2. Event Coordinators – These will be volunteers who will help organize aspects of events such as food for camp and other needs and will work alongside the team mom to help everyone stay informed as to how they can help.

## **Financial Responsibilities:**

These are approximate amounts and are subject to change slightly

Tuition is due by the 1<sup>st</sup> late by the 10<sup>th</sup>

May and June -  $\frac{1}{2}$  tuition is due

- Monthly Tuition: Junior \$120/month (includes 5 hrs/week)  
Youth \$115/month (includes 4 hrs/week)  
Mini \$90/month (includes 2.5 hrs/week)
- May 1<sup>st</sup> Fees:
  - Music Fee: \$ 20 (each cheerleader will receive a copy of the music for their routine)
  - Warm-ups: \$54 (returners do not owe this fee unless they want to buy another piece)
  - Team Deposit: \$50 (includes car decals and end of the year fees)
- June 1<sup>st</sup> Fees:
  - Uniform: \$200 (must be paid in full before the uniforms can be ordered)
- Miscellaneous: (July) \$50 (includes t-shirts, makeup, bows, etc...)
- Choreography Camp: \$75 (includes food and t-shirt)/due by August 10<sup>th</sup>
- Competitions: \$281.00 TOTAL - This is a registration fee for all competitions. We will break down our competition payments into 3 payments stretched out from September to November. By paying for our competitions early, we get better prices. We understand that this sport can be costly which is why we at Dynamite try our best to make things as affordable as possible.
- Coaches Fees: These will be paid after each competition. We estimate \$25 per participant with the current program enrollment. This covers wages, hotel, food and gas.

*\*\*Please indicate in the memo line of your check your child's name and month. Monthly payments are to be put in the blue payment box in the lobby. All other payments are to be put in the green "fees" folder by the cheer board. Thank you*

## IMPORTANT DATES TO REMEMBER:

1<sup>st</sup> parent meeting- *Thursday April 29<sup>th</sup> at 6:30pm*

Uniform fitting- This will be done at a regular practice in July/August. We will notify everyone by email.

**Summer practices are as follows~**

\*1<sup>st</sup> practices will begin the week of *May 3<sup>rd</sup>*

**May schedule (1/2 tuition):**

We are still on Spring schedule at the gym

Mini (Maroon): Tuesday 3-4:30pm

Friday, May 14<sup>th</sup> 4:45-5:45

Youth (White): Monday 5-6:00 & Thursday 5-6:30 pm

Junior (Silver): Monday 6:00-7:30 & Thursday 6:30-8 pm

**June schedule:**

These are approximate times and are subject to change slightly

Mini (Maroon): Monday 2-3:30pm (Practice)

Wednesday 2-3pm (Tumble)

Youth (White): Monday 3:30-5 & Wednesday. 3-4:30 pm (Practice)

Thursday 3-4 (Tumble)

Junior (Silver): Monday 5-7 & Wednesday. 4:30-6:30 pm (Practice)

Tuesday 7-8 (Tumble)

**\*\*\*\* Fall schedule is tentative\*\*\*\***

Mini (Maroon): Tuesday 4:30-6pm

Friday 3:30-4:30 Tumble

Youth (White): Monday 4-5:30 & Wednesday 4-5:30

Thursday 5-6 Tumble

Junior (Silver): Monday 5:30-7:30 & Thursday 6-8

Friday 5:30-6:30 Tumble

Choreography weekend- August 13<sup>th</sup> - 14<sup>th</sup>, August 20<sup>th</sup> - 21<sup>st</sup>

Friday ~ 4:00-7:00pm

Saturday ~ 10:00am-5:00pm

Parents can expect to attend 3 to 5 competitions.

**Possible competition dates:**

December 11, 2010 ~ Jackson, MS ~ UCA Dixie Championship ~ \$45

January 30, 2011 ~ Southaven, MS ~ WSA ~ \$60

February 19, 2011 ~ Orange Beach, AL ~ Orange Beach Nationals ~ \$50

March 5, 2011 ~ Birmingham, AL ~ Crimson Classic ~ \$42

April 16-17, 2011 ~ Panama City Beach, FL ~ UCA Gulf Coast All-Star Championship ~ \$89

Please remember these are possible competition dates and we are still waiting to see what other competitions come available before we set our final schedule. We will also update you with pricing as it becomes available.

**By initialing and signing this document I agree to the terms of the contract beginning from the current date and ending April, 30<sup>th</sup> 2011.**

\_\_\_\_\_ I understand if I remove my child/participants from the Dynamite team/program I must notify the office of their withdrawal in writing.

\_\_\_\_\_ Dynamite All-star cheerleading as a part of Courthouse gymnastics reserves the right to remove any participant at any time.

\_\_\_\_\_Tuition must be paid by the first of every month. There will be a late fee for payments received after the 10<sup>th</sup>. Participants that have any overdue balances will not be allowed to participate in any gym activities.

\_\_\_\_\_Gym rules along with practice, competition and gym schedules may change throughout the year and the staff will notify the parents of any changes; conflicts will not release me from this contract.

\_\_\_\_\_My child is expected to attend all practices, parades, demos and competitions including Nationals if applicable, which includes the AWARDS CEREMONY AT COMPETITIONS.

\_\_\_\_\_Additional practices may be scheduled according to need. Dynamite coaches will try to notify participants well in advance, however that is not always possible. This means in extreme cases practice could be over the weekend or at other odd times such as early morning. Practices may also be cancelled by Courthouse gymnastics for any reason. (Typically weather)

\_\_\_\_\_Parents siblings and friends are never allowed to be on the floor. **Non-participants** are not allowed in the gym area. The only exception is on parent performance night and only participants are allowed on the equipment. If anyone stays to watch practice all observers are expected to do so from the upstairs viewing area.

\_\_\_\_\_We don't have a set number of competitions we will attend. We post a tentative schedule but that may change at any time during the course of the year. If teams attend a major national competition then additional fees may apply.

\_\_\_\_\_I understand that my child's placement in the routine is for the benefit of the team first. Decision of placement will be determined by each head coach. Each child will be expected to perform the duties asked of them by their coach.

\_\_\_\_\_My child will be required to address all coaches, staff, and teammates with respect. Yes ma'am and Yes Sir are preferred.

### **Further Expectations**

Dynamite goals for our teams are to learn perfect and have fun.

We do not have and will not except an "I can't" attitude.

Every participant is expected to welcome and help new teammates

No competition routine is final. Coaches will have to adjust choreography at times

At the end of the year some children will be moved to new teams and some will remain where they are, /the only kids guaranteed to move are those that are too old for the division they were previously in.

I agree by signing below that I have read and understood all the expectations and policies within this handbook, discussed them with our participant(s) and agree to follow to the best of our ability these expectations for Dynamite cheerleading squads. I will meet all payments for the term starting with today's date and ending April 30<sup>th</sup> 2011 at a tuition rate stated by the gym and their coaching staff. I also understand that payment is due on the first of every month if payment has not been received by the 10<sup>th</sup>, a late fee will be assessed.

Participant Signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date: \_\_\_\_\_